



PAHF- USA Field Hockey COVID 19 Protocol for 2021 IPAC

Introduction

With the aim of retaking PAHF events, within this "new reality", we have developed this document where the care of the participants is our main concern, but without forgetting the objective of this Federation; that is to promote the game in a low-risk environment.

This document will provide participants with operational and safety guidelines to minimize risks at events.

USA Field Hockey has the honor, in these difficult times, to organize the Continental Qualifier for the Indoor World Cup in their country. The Event will take place at **The Training Center**, **88 Wells Road**, **Spring City**, **PA near Philadelphia**, **Pennsylvania**.

The visiting countries will be Argentina (men & women), Guyana (women) Uruguay (women), Trinidad & Tobago (men & women) and Canada (men & women) and USA (men & women).

In order to safeguard the health of the players, officials and all parties involved in the organization (USAFH) and PAHF have developed a COVID-19 protocol document.

All the parties; Host, participating National Associations, and Appointed Officials are required to sign an IPAC COVID Protocol Acknowledgement Form, indicating acceptance and commitment to abide these requirements contained therein. Noncompliance of the IPAC Covid Protocol by one or more parties, will be understood as creating a risk to all other parties. Such a breach is subject to disciplinary sanction.

This PAHF/ USA Field Hockey COVID-19 Protocol (further: **the protocol**) is based on the document **"FIH Tournament Protocols during COVID-19 Pandemic"**, **guidance document produced April 2021** for organizing countries. We use it as a guideline throughout this **protocol**.

This protocol has been made on April 15, 2021 by PAHF and USA Field Hockey and is keeping in mind the national restrictions made by the host government on this date.

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Organization:

Local Organizing Committee and PAHF Officials:

USA Field Hockey

Head of Event

Steve Horgan

shorgan@usafieldhockey.com

+1-302-668-7409

PAHF Medical Officer

Name – <u>email</u> Mobile

PAHF Event Coordinator

Laura Macchiotti

lauramac@panamhockey.org

+5491160576888

Covid Officer on site

Todd Reitnouer

email trfineartphotos@yahoo.com

Phone +1 717-538-0591

(see description of a COVID Officer in Appendix I)

Event profile:

This is an indoor sporting event, played by 12 players on the court. **No public will be allowed**. Only the people which are part of the organization, TV crew (if any), limited amount of press, limited number of volunteers, security (if any) and a few suppliers, will be allowed in the venue. Every person involved on site is given access to specific zones depending on the given accreditation.

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Delegations will be comprised of a maximum of 16 representatives, including players and team staff. Special attention is given to the flows of the different groups to limit crossing of the different parties involved.

Characteristics of the event:

Spectators: No Spectators will be allowed

Participants: Indoor sport with limited contacts

Origin of teams and officials: Continental

Dates

25-27, June 2021

The proposal of schedule will be ready once all teams have reconfirmed participation, and PAHF / FIH approve.

Teams

The teams protocol described underneath gives detailed information from the moment the teams arrive at **Philadelphia airport**, to the venue and back to the hotel and airport:

Before arrival

At the moment of writing this the protocol, every person entering USA is required:

A Negative PCR (Quick tests are not acceptable), having been tested a maximum of 72 hours before arriving in the USA.

Currently NO QUARANTINE IS REQUIRED in any USA State

However all participating teams and officials are recommended to monitor the CDC Website https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel-during-covid19.html for any changes to the current requirements.







Arrival

For the period of their stay, teams will form a "Team Bubble" composed of the playing squad and all travelling staff (maximum number 16). All reasonable risk must be avoided.

The Team Bubble will, at all times, aim to reduce the group's exposure to anyone outside that group.

Pick up at Philadelphia airport (only). Arrival to different airport, the cost will be by NA.

All players and support staff in close interaction with each other are to be from the same Bubble, from the time of testing until the end of the competition

No physical interactions with people outside their Bubble

Aim to maintain the Team bubble in the hotel, during transport and at training and venue.

Host NA has made arrangements at the **CROWN Plaza Hotel** https://www.ihg.com/crowneplaza/hotels/us/en/king-of-prussia/phlvf/hoteldetail?cmmmc=GoogleMaps--CP--US--PHLVF for all the teams' accommodation. This is a **full-service** hotel (with a restaurant where you can order lunch and dinner). All food is to be prepared by minimum number of staff with personal protective equipment worn by staff when serving food. Each NA is responsible for liaising with the hotel for the payment and final details. If a team decides to stay at a different hotel (with no full service) they will need to order a catering delivered to the hotel.

No Team, Staff and Officials members of the Bubble are allowed to use external restaurants.

Please note, staying at a different hotel will have an extra cost for the PCR testing protocol before flying back home. This is not recommended. This cost will be NA responsibility.

The host is to ensure that training and match venue comply with FIH requirements as per FIH Indoor Regulations.

Host will work with the suggested hotel(s) to set up zones to maintain Team Bubbles and set up zones within venues with clarity over who can enter each zone. For example, at matches venue, players, team staff and officials are only allowed in the zone that includes technical area and pitch.

All rooms and facilities are to be used within the Bubble and must be thoroughly cleaned prior to usage and **regularly cleaned between usage**. All rooms must be ventilated as many times in the day as possible. USA Field hockey has a

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"cleaning crew" that will clean and sanitize the court, team benches and Technical table after each game.

PCR Testing

Players due to take part in the upcoming **Indoor Pan American Cups** may be involved in club training sessions and matches, as well as national training sessions, in the 10 days prior to PAHF competition. It is therefore unreasonable and impractical to expect players to be completely "bio-secure" during these periods and to live and behave in quarantine conditions.

However, what is expected of all players, team staff and officials, is that during this time they behave responsibly, follow social distancing guidelines and the government guidelines or directives in place in their country. It is not possible for this behavior to be fully monitored by the PAHF, so all National Associations are responsible for their players health and safety and are expected to guide and advise their players and staff on what is appropriate and reduces risk as much as possible whilst still facilitating players to play and train for their clubs and national teams.

Once national teams come together to travel, or train in the days prior to the IPAC, the National Association will have greater control over their playing group and staff, and it is expected that their risk factors will be further reduced.

All players, team staff and officials must be tested before flying (or entering USA borders), maximum 72 hours before travelling (this is subject to international and local requirements at the time of travelling). Teams must remain in a bubble, that is as secure as possible from the time of the test until leaving the venue after the end of the match(es).

All National Associations are responsible for their players and staff, so all need to adopt a conservative and cautious approach to minimize risk for their groups as well as the other teams, including additional testing (if applies) before the mandatory agreed testing, traveling in a socially distanced way, staying in single or double rooms etc.

All Nations need to confirm that they will avoid having any close contacts within their playing groups by putting in place protocols for travel, eating, sleeping, training and medical treatment that avoid any 2 people coming in to close contact (<1.5m for 15 minutes or more) at any time. Therefore, there should not be any close contacts within the Team Bubbles.

All players, team staff and officials must come to the event with a negative PCR test as close to first match as possible (a maximum of 5 days prior to the first match), and such that the results will be sent to the Event Coordinator lauramac@panamhockey.org before **Wednesday 23rd June 2021**. Testing prior to travel to obtain results in time, is acceptable if it is within 5 days of the first match. It has the added benefit of everyone knowing that they are negative before leaving their home country, so reducing the risk to athletes or staff of having to isolate away from their own country.

Each National Association, including the host, will be responsible for organizing, conducting, and paying for their own team

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and staff tests that will be done in accordance with international medical standards by medical professionals before arriving in USA and before departing. The host NA agrees to help organizing the tests required before departure.

For practical reasons, USA Field Hockey encourages visiting teams to test their players on home ground before travelling to USA, even if this is not a requirement to leave its own country.

If a player or team staff experiences any symptoms, the Covid-19 Officer and the Event Coordinator must be immediately informed by the Team Manager or his / her designate and the Medical officer will administer Rapid antigen test to the individual. If the Rapid test turns out to be positive, another Rapid test will be done, if the second Rapid test turn out to be positive, then that individual will have to do a PCR test. All tests performed will be at the NA costs.

All NAs are required to obtain special travelling/ health insurance covering COVID for their delegation, as any costs related to a positive COVID test must be covered by each NA.

USA Field Hockey will help to organize PCR tests, for all those returning to their countries. Approximate cost of PCR is US 125/150.

Testing Timing:

USA Teams and USA appointed Officials

USA teams and USA officials need to have a negative PCR Test 1 = maximum 5 days before match 1, after training, before entering Hotel to respect the "Team Bubble"

Visiting Teams and Officials

Test 1 = maximum 72 hours before arriving in USA and maximum 5 days before match 1

Should any member of a visiting team(s), resides and is travelling to the event from within the USA they must be subjected to a PCR Test before they join the bubble.

Test 2: New PCR Test requested to fly out USA

Cost of PCR Tests for Teams and Officials when flying in or out of USA are their responsibility or their NAs

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Positive test results

Should there be two (2) or less positive test results, those players and/or staff would be isolated from the group and the team would continue in the competition, subject to the TD, with recommendations from the Medical Officer and the FIH COVID Playbook, reviewing any additional concerns. Roommates of positive individuals will have to be isolated.

In accordance with the recently amended **FIH Indoor Tournament Regulations**, (FIH Tournament Protocols during Covid-19 Pandemic, April 2021) for indoor hockey events more than two positive tests. Three (3) or more positive tests within a single Team Bubble will result in that team having to withdraw from the event.

Positive tested athletes, staff and/or officials will be isolated and will not be allowed to leave the room. If a different policy from USA Government or State, applies, this one will take precedence provide the health and safety of all participants is not compromised.

Hotel

The deadline for making the Team reservations is <u>May 12, 2021</u>. Reservation must be done by the NA. <u>The host has arranged with the Crowne Plaza Hotel that if a Team is not allowed to leave their country or enter the USA to participate, the hotel will reimburse the team for their deposit.</u>

Check-in procedure for Teams

- 1. All passports & rooming list need to be provided digitally (scans) 96 hours before arrival.
- 2. At arrival (at the hotel) = no physical contact between hotel reception & team
 - a. Team Manager collects the room keys at the reception
 - b. Team Manager distribute the room keys in the bus
 - c. Players go directly to their room without gathering in the lobby of the hotel
 - d. It is recommended not to use lifts when possible, use of stairs instead
- 3. Rooms predefined before arrival & communicated to the team manager upfront
- 4. Team & staff go immediately to designated room

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5. Team Managers will provide players and staff with individual alcohol bottles and sanitizer for equipment. Host will help if teams need to buy more supplies, so they don't break the Bubble

General hotel rules

Following rules will apply at all-time inside the hotel

- Wear masks at all-time except in own sleeping room or while seated for meals
- Separate space at dining room per team bubble with food prepared by minimum number of staff with personal protective equipment worn by staff when serving food.
- Keep social distancing (1.5m) from hotel personnel and other visitors
- Sauna & Fitness (If applies) can be reserved for the team bubble after cleaning and disinfection by hotel/ Timing to be agreed. This will have to be requested by teams to the hotel and might have a cost
- A meeting room for team's bubble will be assigned for the entire period without other use.
- All Hotel staff servicing athletes and officials' areas to wear masks

Catering

A dedicated space for each team will be used as a catering area that can be used for breakfast, lunch and dinner. No other people to dine in this space while the teams are staying at the hotel. Buffet style food will be served by limited catering staff (not self-service) direct to the team.

At the venue there will be no catering available for teams & staff.

Transport

Every Team will travel as a bubble.

Two 10 seats vans per delegation of 16 people, no driver, teams drive their assigned vans.

Teams must wear mask during the transfer periods







At the venue - Before the game

Following measures will apply for the teams arriving at the venue before the game:

- Dedicated bus stop with teams only entrance.
- Teams wear masks at all-time except on the field of play
- Separate players flow for team bubbles
- There will be no changing rooms. Teams and officials need to come ready to play. No showers at venue
- Teams will have a place to leave bags and personal items. (Same place during all the competition.
- Temperature will be measured to Teams and staff before entering the venue (for training sessions and matches)
- Washing hands at arrival and after the game, and the use of sanitizer/ alcohol is mandatory
- No exchange of flags/ presents between teams
- No exchange of uniforms used or new between players or with fans
- Medical isolation room available at the venue
- No team catering at the venue before or after the game

During the game - On the field

Following measures will apply for the teams on the field of play:

- Social distance in team benches
- · Athletes at the bench wearing masks
- Team Manager/ coach does not seat with the players and must wear masks, at all times
- Players to bring their own reusable bottles marked with name or number, host will provide individual water bottles to teams
- No flags or flag kids on the field of play
- No ball patrol as pitch is closed
- No mascots accompanying teams, pre-match
- Away Team enters the pitch first, then home team (not together!)
- Officials enter as last
- Extra distance between the teams, no handshakes.
- National anthems of both teams will be played
- · Team huddle and start of game.

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- No sharing of equipment all players must have their own protective equipment for defending penalty corners
- No spitting, nose blowing (punishable by cards during matches)
- No physical interaction between players and event staff/volunteers/spectators before, during or after matches
- No handshakes after national anthems or at end of match between opposition players.
- No shouting for celebration during games

After the game

Following measures will apply for the teams after the game before leaving the venue:

- Teams/Staff to wear masks, at all times, when leaving the pitch
- Teams wash their hands and use sanitizer/ alcohol before leaving the venue
- · Journalists to wear masks at all time
- Open air mixed zone with 1.5m distance between journalists & players/staff (physical separation)
- No showering or ice baths at the venue
- Teams/Staff return to hotel as soon as possible after the game. No meet & greet or contact with people outside the team bubble after the game
- No team catering at the venue after the game
- All equipment and venue sanitized
- · Pitch, Technical Table cleaned and sanitized after each game

Officials

The protocol for the official is mostly the same protocols as the Teams.

Before arrival:

At the moment of writing this **the protocol**, every person entering USA is required to:

Negative PCR (Quick tests are not acceptable), having been tested a maximum of 72 hours before flying

NO QUARANTINE IS REQUIRED in any of the States

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Locals:

Test 1 = maximum 5 days before match 1, before entering Hotel to respect the "Bubble"

Visiting Officials

Test 1 = maximum 72 hours before arriving in USA and maximum 5 days before match 1

Test 2: New PCR Test required to fly out USA

Cost of PCR Tests for Officials when flying in or out of USA are their responsibility or their NAs

Transport from/ to airport:

By car maximum 2 officials in the car, windows opened, wearing masks

Hotel

Check-in procedure

- 1. All passports & rooming list need to be provided digitally (scans) 96 hours before arrival.
- 2. At arrival (at the hotel) = They go directly to their room. It is recommended not to use lifts when possible, use of stairs instead
- 3. Rooms predefined before arrival & communicated to PAHF Event Coordinator
- 4. Officials will be accommodated in double rooms by Nationality as much as possible.

General hotel rules

Following rules will apply at all-time inside the hotel

- Wear masks at all-time except in own sleeping room or while seated for meals
- Separate spaces at restaurant for officials with food prepared by minimum number of staff with personal protective equipment worn by staff when serving food
- Keep social distancing (1.5m) from hotel personnel and other visitors
- Sauna & Fitness (If applies) can be reserved for the officials' bubble after cleaning and disinfection

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by hotel/ Timing to be confirmed

- A meeting room for officials will be assigned for the entire period without other use
- All Hotel staff servicing athletes and officials' areas to wear masks

During the game:

- Enter pitch as last after both teams.
- Ensure at the 'Coin Toss that 1.5m between captains and umpires is maintained.
- After game: no handshakes.
- Wash hands, sanitizer and Face mask when leaving pitch.
- Officials must stay in their own bubble, face mask at all times out of the pitch, no showering at the venue and no shaking hands with the players.
- · Technical area will be adapted to comply with social distance
- Officials have a dedicated transport vehicle from and to the hotel arranged by the organization.

Organisation

Volunteers

Same procedure of the crew will be followed by volunteers:

Every Volunteer Temperature will be measured by a 'Forehead Thermometer'. If the temperature is above +37.4C / 99.32F, the Volunteer will be sent home and asked to stay in quarantine. The Covid-19 Officer shall be informed, initiate contact tracing activities and shall assess the risk to the affected volunteer group.

Wash and sanitize hands with alcohol at arrival and before departure.

When the volunteer is walking in the venue it will have to follow those rules:

- Wear masks at all time
- Try to keep distance from other people
- Wash hands regularly at the available dispensers, use sanitizer

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Help to keep an eye on the venue that every person follows the rules

Their positioning could be near to players, that is why they should be very careful to keep safe distancing when positioned in their zone.

Suppliers

Every supplier will be informed by the organization of the hockey and government protocol, these are similar as the ones for the crew members:

Temperature will be measured at the entrance, and use of alcohol in hands mandatory

- Wear masks at all time
- Keep distance from other people
- Wash hands regularly and use of sanitizer
- Fill in and sign the form before entering the venue Suppliers which are present on the day of the games will have an accreditation. They will have access only to the zone where they are needed.

TV & Press

Every member from the press and TV crew will follow the rules like the suppliers:

- Temperature will be measured at the entrance and use of alcohol is mandatory
- Wear masks at all time
- Keep distance from other people
- Wash hands regularly and use of sanitizer
- Fill in and sign the form before entering the venue

TV crew and Press which are present on the day of the games will have an accreditation. They will have access only to the zones where they can come.

The seats for the press and TV crew in the existing stands will be marked and set up at 1,5m distance.

Security

The tasks of the security are of great importance, as we play indoors, and limited public is allowed. They also have procedures given by their company and by the organization.

Every security will have to:

- Wear a face mask.
- Wear an extra face shield when talking to people.

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- Wash hand regularly and use alcohol and sanitizer
- Temperature measure cannot exceed the 37.4
- Keep an eye on the venue and outside the venue.
- Fill in and sign the form before entering the venue

At the Venue (all parties involved)

we have taken some special measures at the venue:

- The whole venue will be closed by temporary fencing and will be guarded at the entrance by security.
- Before entering the venue, every person will be scanned with a 'Forehead Thermometer'. When the persons temperature exceeds 37.4°C / 99.32F, he or she will not be allowed on the venue.
- When entering the venue everyone MUST wear a facemask at all time, sanitize hands with alcohol
- The venue will be dressed up with signs and panels explaining the COVID 19 measures and what to do to avoid contamination (example underneath):

TAKE CARE OF YOURSELF AND OTHERS



Hand sanitizer dispensers will be available to always disinfect hands.

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- Walking directions and/or distancing stickers so that people can keep distance whenever they may encounter a narrow area.
- The seats for press and TV crew in the existing stands will be marked and set up at 1,5m distance.
- No VIP lounges.
- No athletes rest room.
- The toilets used by the players & officials will be cleaned thoroughly before and after every game.
- The toilets for the press & TV and organization will be cleaned several times a day.
- No video Tower.
- The mixed zone will be made as such that the people from the press or TV will have to keep1,5m distance from the player to interview them.
- The players and officials will be separated from anyone on the organization.
- At the request of the Covid-19 Officer or PAHF Medical Doctor, rapid antigen tests will be administered by the designated Medical Professional to any participant within the event that displays any symptom(s) of the Covid-19 virus. There will be rapid tests available in case any of the players/ team staff or officials present one or more suspicious symptoms.

AWARDS CEREMONY

To minimize contact each Captain (gold, Silver and Bronze) will be called to pick up medals and Trophy from the Technical table.

If Press Conference is required, we can do this via Zoom or Blue jeans

Briefing meeting: Suggested via Zoom or Bluejeans, sending documentation, relevant info before meeting

Equipment check. In two different locations with a schedule to avoid crowding. Only 1 person per team with equipment. Officials using gloves, equipment sanitized before and after check

Photo position: Outside the pitch

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Summary of responsibilities

	PAHF	HOST	TEAMS	Technical OFFICIALS
Documents	Produce Protocol	Sign and comply with	Sign and comply with	Sign and comply with
	document and keep update	requirements	requirements	requirements
Cost of PCR Testing before arrival/departure	PAHF Staff	USA Teams, staff and USA Officials (before entering the hotel)	72 hrs. before arrival (maximum 5 days before match 1, otherwise will need a new PCR). 72 hrs. before their arrival to their country. Cost by NA	72 hrs. before arrival (maximum 5 days before match 1, otherwise will need a new PCR). 72 hrs. before their arrival to their own country. Cost by NA or own
Medical/ Health coverage	PAHF Staff and those visiting officials that do not have their own. Insurance MUST cover COVID		At NA cost. Insurance MUST cover COVID	PAHF will cover insurance for foreign officials
Local Transport		Host will provide separate team vans per team and separate transport for officials. Transport to/from Philadelphia airport. To/from hotel	Transport from New York or other airport cost by NA.	Transport from New York or other airport cost by NA.
Cost of quarantine/ isolation if positive PCR		Host to cover any costs for locals if applies.	NAs to cover any cost not covered by health insurance	NAs to cover any cost not covered by health insurance
Alcohol and sanitizer for equipment and masks		Host to provide to officials, volunteers and organization staff, tv crew, press and suppliers. Masks by individuals	All teams need to have their own sanitizer for their equipment and masks	Host will provide alcohol and sanitizers. Own masks

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Appendix I Job description COVID Officer

COVID-19 Officer(s) - Objectives

Establishment and maintenance of Operational and Medical guidelines and protocols (including for COVID-19), ensure compliance with all Covid-19 protocols by all those involved in PAHF competitions. This is of importance for the resumption process for hockey during pandemic times. If it is complied responsibly, it will ensure a favorable and successful journey of the road towards the hosting of the IPAC event, without interruptions.

COVID-19 Officer(s)

The person(s) in charge of reviewing and ensuring all Health & Safety Practices to minimizing the risk of participants contracting COVID-19 at the competition's venue and team hotel accommodations. The Covid Officer(s) will report to the Local Organizing Committee & the PAHF, who will in turn report to the FIH. During the event the, COVID 19 Officer(s) will raise relevant issues with the appointed TD, PAHF Event Coordinator and USA Field Hockey Head of Event for the Local Organizing Committee

The COVID-19 Officer will have the following tasks:

- Use the WHO Risk Assessment Tool (https://www.who.int/publications/i/item/10665-333187)
 monitor and assess risk prior to and during the event.
- Establish Contact Tracing Procedures and measures to minimize the risk of Covid-19 spread.
- Ensure that all people working on site implement and respect health and hygiene measures.
- He/she must ascertain the health conditions (asking questions according to the model questionnaire provided by PAHF (Appendix II) and carrying out temperature checks of all those involved in the operation of the game.
- He/she will ensure compliance with the basic hygiene rules (use of protection elements, hand hygiene, social distancing rules, etc.)
- He/she will be responsible for supervising the execution of all the procedures for sanitizing spaces and areas of the stadium, and for the delivery of the facilities in good conditions to the teams, umpires, officials and PAHF Staff.
- Responsible, for the distribution of protection material such as masks and disinfectants to professionals who work
 in TV production, and other collaborators in the organization of the game on behalf of the host (ball patrol,
 photographers, FOP maintenance people, suppliers, etc.)
- The COVID-19 Officer must intervene in the case of non-compliance and / or bad practices by all participants, volunteers and other accredited persons

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- The Covid-19 Officer must inform the security officer and PAHF Event Coordinator of any breaches in the protocols in the face of repeated warnings and refusals from a user who is not following the Covid-19 protocols. The aforementioned authorities will evaluate the possible invalidation of accreditation of the offenders.
- Responsible for informing all the people who participate in the stadium operations about the basic hygiene
 measures and their compliance (hand disinfection, hygiene in case of coughing and sneezing, rule of distancing,
 correct use of masks, etc.)
- He/she will draw up a cleaning plan and a disinfection plan, which he/she will communicate to all relevant areas of the venue, TD, Medical Officer and PAHF Event Coordinator in advance.
- Must attend briefing meeting.
- Must collect the health forms received at each access door and deliver them to the Event Coordinator.
- Ensure there are enough copies of the health form (see Appendix II) printed at each entrance in case someone arrives at the venue without it and, in this case, they can complete it on site prior to entry.

Failure to comply with the protocol advised by the COVID-19 Officer(s) by any person from the teams and / or designated officials at the stadium, will be subject to disciplinary sanction.









Appendix II - Health Form

HEALTH OUESTIONNAIRE

(Staff, Suppliers, TV Right Holders)				
Please insert the following information as requested:					
1 - PERSONAL INFORMATION		ANSWER			
Name and surname					
Passport / ID number					
Gender (Male / Female)					
Date of Birth					
Nationality					
City					
Country					
WhatsApp					
Email					
2 - COVID-19 SPECIFIC HEALTH QUESTIONNAIRE					
Do you currently have any of these symptoms?					
Fever					
Dry cough					
Productive cough					
Respiratory distress					
Chest pain or pressure					
Throat pain					
Headache					
Muscle aches					
Are you able to smell odors?					
Abnormal tiredness					
3 - CONTACT BACKGROUND					
Have you been in contact with someone affected by COVID-19 in the same room, talking, physical contact?					
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Have you been in contact with someone in quarantine?				
Countries visited in the last 6 weeks - Specify which ones				
4 - VERACITY OF INFORMATION - IMPORTANT				
I DECLARE THAT ALL THE DATA I HAVE PROVIDED ARE CORRECT AND TRUTHFUL				
Signature:	Name and surname			



